Dear Neighbors,

The Miriam Hospital is proud to be sponsoring the second Cyclovia on Hope Street. This event is a partnership with the City of Providence Healthy Communities Office, The Hope Street Merchants Association and The Miriam Hospital featuring healthy lifestyle activities. Exercise demonstrations, bike relays and health screenings are all part of this event. We have volunteers from various departments at The Miriam Hospital who will be attending the event providing health information.

Stop by and talk to representatives who are leading researchers in the fields of smoking cessation and weight loss. Visit with our clinical staff who will be offering free body fat analysis. Sign up for the Alzheimer's Prevention Registry. Discover a unique opportunity to learn about compassion and the role it plays in a healthy community. We look forward to seeing you at Cyclovia which will be held on Sunday, September 7th on Hope Street from 12:00–4:00 pm. Look for us in the Festival Ballet parking lot.

You are also cordially invited to attend an Open House on Thursday, September 18th to celebrate the completion of our Emergency Room renovations. The project to update and renovate our Emergency Department began in 2011 and was completed in early summer of 2014. Improvements included 13 new patient care bays, private exam rooms, a more efficient triage area and a 64-slice CT scanner for quicker diagnosis. Ultimately, the re-design of the department increases the ability for patient flow and patient care.

The Open House will take place from 12:00–2:00 pm and from 3:30–4:30 pm with staff guided tours available for all attendees. I hope to see you there.

Enjoy the remaining days of summer,

Sincerely,

Arthur J. Sampson
President,
The Miriam Hospital
Investing In the Community

Did you know that The Miriam Hospital has funded over $500,000 in Community Investment Grants since 2006? Our focus areas for investing include programs for youth development and education for grades 6–12, health and wellness programming, plus community beautification and revitalization projects.

Funding for programs at Nathan Bishop Middle School via Festival Ballet, Groundwork Providence (Green Team) and the Mt. Hope Learning Center (Young Women’s Group) enrich the lives of youth in our city by creating healthy activities during the summer and throughout the school year.

We are greener and greener each day at The Miriam Hospital.

Last year, with the help of David Bordieri from RI Resource Recovery, Miriam transitioned to single stream recycling. This was no small change as we had to complete an internal audit of all of our waste products and then change our waste hauler. Next steps included the re-education of our staff about how to recycle at work, and what things were and were not permissible. I couldn’t be prouder of the fact that in 2013 we recycled 22% of our total waste. Hospitals For a Healthy Environment, RI awarded us with the 2014 “Waste Reduction Award” and Stericycle gave us an “Award of Environmental Excellence.”

Our goal for 2014 is to increase our recycling rate to 25% while reducing overall waste. In the fall we are launching a program aimed to educate staff about waste reduction on the nursing units. Our hope is to save items from being removed from the storage areas if they are not absolutely needed for the patient. We tested how our employees felt about this project on Earth Day this past April by demonstrating the waste generated upon hospital discharges for three weeks. Our efforts resulted in filling one of our small conference rooms with items that were required to be disposed of per infection control standards, but were unopened and unused.

Community Relations at The Miriam Hospital encourages our employees to be mindful about aspects of their behaviors that can affect the community. Parking, noise, trash and now recycling are regular expectations for all staff and volunteers at the hospital. No one person or organization can be expected to be perfect. We all have bad days, but overall we ask our employees to embrace the golden rule, “To treat others as they would like to be treated” when it comes to their “Miriam citizenship.”

Other examples of how Community Relations has become part of our culture at The Miriam Hospital are embodied by the giving nature of our employees. Throughout the year, employees engage in volunteer efforts such as fundraising for the American Heart Association, participating in food and coat drives and personally contributing to our annual Season of Giving. Over 30 employees volunteer on our “Greenway’s Committee,” the employee-based group driving environmentally sustainable activities in the hospital.

One last word...since 2004, The Neighborhood Hotline has been available for neighbors to call or email their concerns, complaints or questions with regard to the hospital in the community. I wanted to remind you to call the hotline at (401) 793-4040 or email Tmhneighbors@lifespan.org whenever you have a question or concern regarding the hospital that you need to bring to light.

—Monica Anderson, Community Liaison
CRANE, CRANE!

If you live on or near Highland Avenue, you’ve likely seen a crane located on our property at times this summer. We have four ongoing projects aimed at reducing our energy use and increasing operational efficiency.

1. We installed a second new gas boiler in the mechanical room. This has resulted in several crane picks to remove, dispose and install the new equipment required for the boiler.

2. We are installing a new air handler that will handle half of the HVAC requirements in Building C. This requires the delivery of material, installation of steel, installation of the new air handler and removal of the existing air handler. Each one of these activities requires individual crane use.

3. We are replacing the windows in Building B. In order to erect the scaffolding as needed, cranes have been utilized to load and unload materials and equipment.

4. A new chiller was installed to support HVAC in Building A. The chiller was hoisted to the rooftop of Building B, using a crane.

We anticipate that there will be two more instances when we will need to use cranes to help us complete any one of these four projects. The first will be **mid-late September** and the last anticipated crane for the season is anticipated for **October 4th**. If you are an abutting neighbor to a crane site, we will notify you of the dates and times of the upcoming crane work. All neighbors can check our website at [TheMiriamHospital.org](http://TheMiriamHospital.org) under the “For our Neighbors” tab for more information.

**Landscaping Update**

A tree replacement project is planned for this fall and next spring. We plan on replacing those trees damaged by weather events, or construction activities. This work will commence with the replacement of arborvitaes at the back of the hospital, abutting Highland Avenue.
Cyclovia on Hope Street
Presented by The Miriam Hospital & The Hope Street Merchants Association

Sunday, September 7th, 12:00–4:00 pm

Thursday, September 18th, 12:00–2:00 pm & 3:30–4:30 pm

Emergency Room Open House

SAVE THE DATES